

**Dereham Sixth Form Centre**  
**A-Level Physical Education**  
**YEAR 2**

A-level content		Book	PAPER 1 or 2
	<b>3.1.1 Applied Anatomy and Physiology</b>		
3.1.1.6	Energy systems	Book 2, chapter 1.1	1
	<b>2.1.2 Skill Acquisition</b>		
3.1.2.5.1	General information processing model	Book 2, chapter 2.1	1
3.1.2.5.2	Efficiency of information processing	Book 2, chapter 2.1	1
	<b>3.2.1 Exercise Physiology</b>		
3.2.1.3	Injury prevention and the rehabilitation of injury	Book 2, chapter 3.1	2
	<b>3.2.2 Biomechanical Movement</b>		
3.2.2.3	Linear motion	Book 2, chapter 4.1	2
3.2.2.4	Angular motion	Book 2, chapter 4.2	2
3.2.2.5	Projectile motion	Book 2, chapter 4.3	2
3.2.2.6	Fluid mechanics	Book 2, chapter 4.4	2
	<b>3.2.3 Sport Psychology</b>		
3.2.3.1.7	Achievement motivation theory	Book 2, chapter 5.1	2
3.2.3.1.11	Attribution theory	Book 2, chapter 5.1	2
3.2.3.1.12	Self-efficacy and confidence	Book 2, chapter 5.1	2
3.2.3.1.13	Leadership	Book 2, chapter 5.1	2
3.2.3.1.14	Stress management	Book 2, chapter 5.1	2
	<b>3.2.4 Sport and society and the role of technology in physical activity and sport</b>		
3.2.4.1	Concepts of physical activity and sport	Book 2, chapter 7.1	2
3.2.4.2	Development of elite performers in sport	Book 2, chapter 7.2	2
3.2.4.3	Ethics in sport	Book 2, chapter 7.3	2
3.2.4.4	Violence in sport	Book 2, chapter 7.4	2
3.2.4.5	Drugs in sport	Book 2, chapter 7.5	2
3.2.4.6	Sport and the law	Book 2, chapter 7.6	2
3.2.4.7	Impact of commercialisation on physical activity and sport and the relationship between sport and the media	Book 2, chapter 7.7	2
3.2.4.8	The role of technology in physical activity and sport	Book 2, chapter 7.8	2