



2022



# Awareness days, events and themes calendar

The Parents' Guide to

Thank you for purchasing our *2022 Awareness Days calendar*. Awareness days, weeks and months are often an excellent opportunity to highlight important issues and involve parents, whether in a newsletter, social media post or blog.

We've got over 70 commemorations listed for 2022, so you'll know what's happening when. Additionally, we've included the associated #s to make it easy for you to get noticed on social media, with links to key websites where you can get more information on the days/weeks that interest you and a summary of what they're trying to achieve. All dates, #s and event names are correct at the time of publishing. For websites that have not yet been updated with information on their 2022 awareness event, we've provided a link to the 2021 page instead.

The Parents' Guide to provides unbiased and helpful information for parents and carers of teenage children. We provide a range of resources that cover everything they need to know about options after GCSE and sixth form, and what they can do at home to improve their teen's wellbeing and help them with their studies. You can visit our website, [here](#).

If you would like to subscribe to our monthly school newsletter with links to our parent articles and resources, [click here](#).

Best wishes, Vanessa and Darius

	Date	Event	Description	Discover	Theme
	January 1-31	Veganuary 2022	Veganuary is a non-profit organization that encourages people across the world to experience vegan living for the month of January, a time of new challenges and new beginnings!  #Veganuary2022	<a href="#">Website</a>	Health
	5 (Jan) - 21 (Feb)	Big Schools Birdwatch 2022	The RSPB's Big Schools' Birdwatch is a citizen science project for schools across the UK. All you have to do is count the bird species you can see in your school, and then send the results to the RSPB.  #BigSchoolsBirdwatch	<a href="#">Website</a>	Environment
	January 16	World Religion Day	A way to encourage interfaith understanding		Religion
	January 21	National Hugging Day	Hugging benefits the mind and the body. A simple human touch from someone can have many positive effects - but make sure you're Covid secure!	<a href="#">Website</a>	Health
	January 27	Holocaust Memorial Day	Holocaust Memorial Day encourages remembrance in a world scarred by genocide of the six million Jews murdered during the Holocaust.  #OneDay	<a href="#">Website</a>	Religion

	Date	Event	Description	Discover	Theme
	January 25	Burns Night	Celebrated annually on Robert Burns' birthday, 25 January, Burns Night gathers Scots and Scots-at-heart around the world to pay tribute to the great poet's life and works.  #BurnsNight	<a href="#">Website</a>	National/ International
	January 29	National Puzzle Day	The perfect day to do a little brain exercise.  #nationalpuzzleday2022		Mental agility
	29 (Jan) - 5 (Feb)	National Story Telling Week	To support the magic of storytelling to children at all key stages.  #NationalStorytellingWeek #YourStoryMyStory	<a href="#">Website</a>	Literacy
	February 1-28	LGBT History Month	Promoting equality and diversity, this year's theme is body, mind and spirit and linked to the PSHE curriculum.  #LGBTHM	<a href="#">Website</a>	National/ International
	February 1-15	Chinese New Year	This year it's The Year of the Tiger	<a href="#">Website</a>	Religion

	Date	Event	Description	Discover	Theme
	February 4	World Cancer Day	Focusing on progress in combatting cancer, this year's theme is "I am and I will".  #WorldCancerDay #CloseTheCareGap	<a href="#">Website</a>	Health
	February 7-13	Children's Mental Health Week	To highlight the importance of young people's mental health, this year's theme is "express yourself". It's about finding ways to share feelings, thoughts and ideas.  #ChildrensMentalHealthWeek #GrowingTogether	<a href="#">Website</a>	Health
	February 7-13	National Apprenticeship Week (NAW)	NAW is an annual week-long celebration of apprenticeships that takes place across England. This year's theme is Build the Future.  #NAW2022 #BuildtheFuture	<a href="#">Website</a>	Careers
	February 7-13	Student Volunteering Week	Student Volunteering Week celebrates student volunteering in three ways: (1) Improves student wellbeing (2) Develops students' employability (3) Contributes positively to the wider and local community life.  #UKSVN #volunteering	<a href="#">Website</a>	Careers

# February

	Date	Event	Description	Discover	Theme
	February 8	Safer Internet Day	<p>Safer Internet Day is celebrated globally in February each year to promote the safe and positive use of digital technology, and to inspire conversation about using technology responsibly, respectfully, critically, and creatively. This year's theme is: 'All fun and games? Exploring respect and relationships online'.</p> <p>#SaferInternetDay</p>	<a href="#">Website</a>	Health
	February 14	International Book Giving Day	<p>Getting books into the hands of as many children as possible.</p> <p>#BookGivingDay</p>	<a href="#">Website</a>	Literacy
	February 17-23	Random Acts of Kindness	<p>Making kindness the norm.</p> <p>#MakeKindnessTheNorm</p>	<a href="#">Website</a>	Health
	February 21-25	Empathy Week	<p>A global schools programme in 40+ countries, using the power of film to develop the crucial skill of empathy. The theme for 2022 is passion and purpose.</p> <p>#EmpathyGeneration #MyPassionMyPurpose</p>	<a href="#">Website</a>	Health

	Date	Event	Description	Discover	Theme
	21 (Feb) - 6 (Mar)	Fairtrade Fortnight	Through learning about how we are all connected through the things we eat, drink and wear, young people are equipped with the knowledge and skills to shape a more compassionate and sustainable world.  #Fairtrade	<a href="#">Website</a>	Environment
	28 (Feb) - 6 (Mar)	Eating Disorders Awareness Week	Putting eating disorders under the spotlight  #eatingdisorder	<a href="#">Website</a>	Health
	March 1	Self-Injury Awareness Day	Raising awareness is about educating people who do not self-injure, and reaching out to people who do.  #SAID	<a href="#">Website</a>	Health
	March 1	Shrove Tuesday/ Pancake Day	A traditional feast day which precedes the 40-day fasting period of Lent that lasts until Easter. In times gone by, people felt the need to use up all eggs, butter, and sugar so it made sense to make pancakes out of the ingredients, and so the tradition of eating pancakes on Shrove Tuesday was born.	<a href="#">Website</a>	Religion
	March 3	World Book Day	The theme for this World Book Day follows the message "You Are a Reader," and there will be a focus on reaching children from disadvantaged backgrounds.  #WorldBookDay	<a href="#">Website</a>	Literacy

# March

	Date	Event	Description	Discover	Theme
	March 4-11	National Salt Awareness Week	To raise awareness of the importance to health of regulating salt intake and assessing how much salt you're eating. This year's theme is More Flavour, Less Salt!  #NationalSaltAwarenessWeek	<a href="#">Website</a>	Health
	March 7-12	National Careers Week (NCW)	National Careers Week (NCW) is a celebration of careers guidance in education across the UK to help support young people leaving education.  #NCW2022	<a href="#">Website</a>	Careers
	March 8	International Woman's Day	This year's theme is "Choose to Challenge" – an equal word is an enable world.  #IWD2022 #BreakTheBias	<a href="#">Website</a>	National/ International
	March 11	International Day of Women and Girls in Science	The Day focuses on the reality that science and gender equality are both vital for the achievement of internationally agreed development goals, including the 2030 Agenda for Sustainable Development.	<a href="#">Website</a>	National/ International
	March 11-18	Nutrition and Hydration Week	Focusing on the importance of drinking plenty of water and eating healthy foods.  #NHWeek	<a href="#">Website</a>	Health

# March

	Date	Event	Description	Discover	Theme
	March 11-20	British Science Week	A ten-day celebration of science, technology, engineering and maths.  #BSW22	<a href="#">Website</a>	Careers
	March 16	Young Carers Action Day	A nationwide event organised by the Carer's Trust aimed at raising awareness of the struggles and importance of young carers across the country.  #YoungCarersActionDay	<a href="#">Website</a>	Health
	March 18	World Sleep Day	A celebration of sleep and a call to action on important issues related to sleep.  #WorldSleepDay	<a href="#">Website</a>	Health
	March 18	Red Nose Day	Red Nose Day donations help tackle important issues including homelessness, hunger, domestic abuse and mental health stigma.  #RedNoseDay	<a href="#">Website</a>	National/ International
	April 1-30	National Stress Awareness Month	To increase public awareness about both the causes and cures for our modern stress epidemic.	<a href="#">Website</a>	Health

	Date	Event	Description	Discover	Theme
	April 7	World Health Day	It draws attention to a specific health topic of concern to people all over the world.	<a href="#">Website</a>	Health
	April 15-23	Passover	A major Jewish holiday that celebrates the exodus of the Israelites from slavery in Egypt.	<a href="#">Website</a>	Religion
	April 15-18	Easter Weekend	Easter is a Christian festival and cultural holiday commemorating the resurrection of Jesus from the dead		Religious
	April 17-25	National Parks Week	National Parks Week is dedicated to raising public awareness of Britain's national parks		Environment / Health
	April 22	Earth Day	Taking action on the environment	<a href="#">Website</a>	Environment
	May 1-31	Local and Community History Month	To increase awareness of local history, promote history in general to the local community and encourage all members of the community to participate.  #HistoricalAssociation	<a href="#">Website</a>	National/ International

	Date	Event	Description	Discover	Theme
	May 1-31	National Walking Month	National Walking Month is a great way to leave your car at home, get outside and get fit by walking to and from school. If school or work is too far, try walking part of the way instead.  #NationalWalkingMonth	<a href="#">Website</a>	Health
	May 3	Eid-ul-Fitr	Eid al-Fitr marks the end of the month-long dawn-to-sunset fasting of Ramadan		Religious
	May 3-9	Sun Awareness Week	To highlight the dangers of exposure to the sun. UV radiation from the sun is the main cause of skin cancer.	<a href="#">Website</a>	Health
	May 9-15	Mental Health Awareness Week	An opportunity for the whole of the UK to focus on achieving good mental health. The 2022 theme will be on the topic of loneliness.  #MentalHealthAwarenessWeek	<a href="#">Website</a>	Health
	May 15	National Children's Day	A focus on the importance of raising happy and healthy children and how we need to protect the rights and freedoms of children and young people.  #NCDUK2022	<a href="#">Website</a>	National/International
	May 16-20	Walk to School Week	A week-long celebration of the walk to school.  #walktoschool	<a href="#">Website</a>	Health

	Date	Event	Description	Discover	Theme
	May 16-22	National Vegetarian Week	To highlight the benefits of a vegetarian lifestyle with plenty of recipe ideas to inspire  #NationalVegetarianWeek	<a href="#">Website</a>	Health
	May 20	World Meditation Day	A call to the world to take time to participate in this millennia-old practice and clear our minds.  #WorldMeditationDay #MeditationDay		Health
	June 1	Global Day of Parents	To appreciate all parents throughout the world	<a href="#">Website</a>	National/ International
	June 1-7	Volunteers' Week	It's a chance to recognise the fantastic contribution volunteers make to our communities and say thank you.  #VolunteersWeek	<a href="#">Website</a>	Careers/ Health
	June 20-26	Refugee Week	The theme for 2022 is healing  #RefugeeWeek2022	<a href="#">Website</a>	National/ International
	June 21	Summer Solstice	Longest day of the year		National/ International

	Date	Event	Description	Discover	Theme
	June 21	World Music Day	Make Music Day is an annual, international celebration of music held every year.	<a href="#">Website</a>	National/ International
	June 23	National Writing Day	An annual celebration of the power of writing creatively, inspiring people of all ages and abilities to try writing for fun and self-expression.	<a href="#">Website</a>	Literacy
	July 9-13	Eid-ul-Adha	The celebration of Eid-ul-Adha is to commemorate Prophet Ibrahim's devotion to Allah SWT and his readiness to sacrifice his son, Ismail.		Religious
	July 11	World Population Day	To raise awareness of global population issues.	<a href="#">Website</a>	National/ International
	July 15	World Youth Skills Day	To celebrate the strategic importance of equipping young people with skills for employment, decent work and entrepreneurship.	<a href="#">Website</a>	Careers
	July 30	World Friendship Day	Promoting and defending a shared spirit of human solidarity that takes many forms – the simplest of which is friendship.	<a href="#">Website</a>	National/ International
	August 12	International Youth Day	Bringing youth issues to the attention of the international community and celebrating the potential of youth as partners in today's global society.	<a href="#">Website</a>	National/ International

	Date	Event	Description	Discover	Theme
	September 1-14	Getting to know you fortnight	It's a new school year and time to get to know new classmates or new friends!		
	September 5	International Day of Charity	Sensitizing and mobilizing people, NGOs, and stakeholders all around the world to help others through volunteer and philanthropic activities	<a href="#">Website</a>	National/International
	September 6	National Read a Book Day	Research shows that spending just 10 minutes a day reading and sharing stories with children can make a crucial difference to their lives, now and in the future.	<a href="#">Website</a>	Literacy
	September 10	WorldSuicide Prevention Day	Suicide is preventable, it's not inevitable. #WSPD	<a href="#">Website</a>	Health
	September 14-19	Sexual Health Week	This year, Sexual Health Week is celebrating the introduction of mandatory Relationships and Sex Education (RSE) in schools.		Health
	September 21	International Day of Peace	A day devoted to strengthening the ideals of peace, through observing 24 hours of non-violence and cease-fire.	<a href="#">Website</a>	National/International

	Date	Event	Description	Discover	Theme
	October 1-31	Black History Month	To recognise and celebrate the contribution of black people in the UK, past and present.  #BlackHistoryMonth	<a href="#">Website</a>	National/ International
	October 4	World Animal Day	To raise the status of animals in order to improve welfare standards around the globe.  #WorldAnimalDay	<a href="#">Website</a>	National/ International
	October 4-5	Yom Kippur	Yom Kippur means “day of atonement.” Jews traditionally observe this holy day with a day-long fast, confession, and intensive prayer.		Religious
	October 4-9	Dyslexia Awareness Week	To raise awareness of dyslexia.	<a href="#">Website</a>	Literacy
	October 4-10	World Space Week	The mission of World Space Week Association (WSWA) is to strengthen the link between space and society through public education, participation, and dialogue on the future of space activity using World Space Week as a focus.  #WSW2022	<a href="#">Website</a>	National/ International

# October

	Date	Event	Description	Discover	Theme
	October 5	World Teacher Day	To mark progress and reflect on ways to counter the remaining challenges for the promotion of the teaching profession.  #WorldTeacherDay	<a href="#">Website</a>	National/ International
	October 7	World Smile Day	A day dedicated to making people smile - with no politics, no geography and no religion.  #WorldSmileDay #HarveyBall	<a href="#">Website</a>	
	October 10	World Mental Health Day	To raise awareness of mental health issues around the world and to mobilize efforts in support of mental health.  #WorldMentalHealthDay	<a href="#">Website</a>	Health
	October 16	World Food Day	To end world hunger and to promote healthy diets.  #WorldFoodDay	<a href="#">Website</a>	National/ International
	October 24	Diwali	Diwali is a festival of lights and one of the major festivals celebrated by Hindus, Jains, and Sikhs.		Religious
	November 1-30	Movember	The leading charity changing the face of men's health.  #Movember	<a href="#">Website</a>	Health

	Date	Event	Description	Discover	Theme
	November 5	Guy Fawkes Day	Guy Fawkes Day—also called Bonfire Night or Fireworks Night—commemorates a failed assassination attempt in 1605.		National/ International
	November 7-11	International Stress Awareness Week	The theme for International Stress Awareness Week 2022 is Collaboration. International Stress Awareness Day is 9 November.  #InternationalStressAwarenessWeek #NationalStressAwarenessDay	<a href="#">Website</a>	Health
	November 11	Armistice Day	Commemorating sacrifices of armed forces and civilians in times of war.		National/ International
	November 13	World Kindness Day	Kindness Day UK is a nationally recognised day for the celebration of kindness in society and day to day life. Individual acts of kindness are encouraged on this day annually.  #SpreadTheKindness #KindnessUK	<a href="#">Website</a>	National/ International
	November 14-18	Anti-Bullying Week	A week aimed at raising awareness of bullying of young people and to show ways to prevent and respond to it.  #StopBullying	<a href="#">Website</a>	Health

# November

	Date	Event	Description	Discover	Theme
	November 19	International Men's Day	Celebrates worldwide the positive value men bring to the world, their families and communities.	<a href="#">Website</a>	National/ International
	TBC	Children in Need	Together, we can change young lives. #ChildrenInNeed	<a href="#">website</a>	National/ International
	TBC	National Tree Week	The UK's largest annual tree celebration, with schools, community groups, volunteer Tree Wardens and others getting involved to plant thousands of trees across the UK. #PlantForOurFuture	<a href="#">Website</a>	Environment
	December 1	World AIDS Day	It's an opportunity for people worldwide to unite in the fight against HIV, to show support for people living with HIV, and to commemorate those who have died from an AIDS-related illness. #HIV	<a href="#">Website</a>	Health
	December 10	Human Rights Day	Part of a global movement to end the abuse and violation of human rights. #Standup4humanrights #HumanRightsDay	<a href="#">Website</a>	National/ International

	Date	Event	Description	Discover	Theme
	TBC	Christmas Jumper Day	Getting on a silly sweater and raising money to help children see the magic in the world!  #ChristmasJumperDay	<a href="#">Website</a>	National/ International
	December 18-26	Hanukkah	Hanukkah, also known as the Festival of Lights, is a Jewish festival commemorating the recovery of Jerusalem and subsequent rededication of the Second Temple at the beginning of the Maccabean revolt against the Seleucid Empire in the 2nd century.		Religious
	December 21	Winter Solstice	Shortest day of the year		National/ International
	December 25 & 26	Christmas Day and Boxing Day	Christmas is a Christian holy day that marks the birth of Jesus		Religious

# Key events - Careers

	Date	Event	Description	Discover	Theme
	February 7-13	National Apprenticeship Week (NAW)	NAW is an annual week-long celebration of apprenticeships that takes place across England. This year's theme is Build the Future.	<a href="#">Website</a>	Careers
	February 7-13	Student Volunteering Week	Student Volunteering Week celebrates student volunteering in three ways: (1) Improves student wellbeing (2) Develops students' employability (3) Contributes positively to the wider and local community life.	<a href="#">Website</a>	Careers
	March 7-12	National Careers Week (NCW)	National Careers Week (NCW) is a celebration of careers guidance in education across the UK to help support young people leaving education.	<a href="#">Website</a>	Careers
	March 11-20	British Science Week	A ten-day celebration of science, technology, engineering and maths.  #BSW22	<a href="#">Website</a>	Careers
	July 15	World Youth Skills Day	To celebrate the strategic importance of equipping young people with skills for employment, decent work and entrepreneurship.	<a href="#">Website</a>	Careers

## Key events - Health

	Date	Event	Description	Discover	Theme
	January 1-31	VEGANUARY 2022	Veganuary is a non-profit organization that encourages people across the world to experience vegan living for the month of January, a time of new challenges and new beginnings!	<a href="#">Website</a>	Health
	January 21	National Hugging Day	Hugging benefits the mind and the body. A simple human touch from someone can have many positive effects - but make sure you're Covid secure!	<a href="#">Website</a>	Health
	February 4	World Cancer Day	Focusing on progress in combatting cancer, this year's theme is "I am and I will".  #WorldCancerDay #CloseTheCareGap	<a href="#">Website</a>	Health
	February 7-13	Children's Mental Health Week	To highlight the importance of young people's mental health, this year's theme is "express yourself". It's about finding ways to share feelings, thoughts and ideas.  #ChildrensMentalHealthWeek #GrowingTogether	<a href="#">Website</a>	Health

# Key events - Health

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	February 8	Safer Internet Day	<p>Safer Internet Day is celebrated globally in February each year to promote the safe and positive use of digital technology, and to inspire conversation about using technology responsibly, respectfully, critically, and creatively. This year's theme is: 'All fun and games? Exploring respect and relationships online'.</p> <p>#SaferInternetDay</p>	<a href="#">Website</a>	Health
	February 17-23	Random Acts of Kindness	<p>Making kindness the norm.</p> <p>#MakeKindnessTheNorm</p>	<a href="#">Website</a>	Health
	February 21-25	Empathy Week	<p>A global schools programme in 40+ countries, using the power of film to develop the crucial skill of empathy. The theme for 2022 is passion and purpose.</p> <p>#EmpathyGeneration #MyPassionMyPurpose</p>	<a href="#">Website</a>	Health
	28 (Feb) - 6 (Mar)	Eating Disorders Awareness Week	<p>Putting eating disorders under the spotlight</p> <p>#eatingdisorder</p>	<a href="#">Website</a>	Health
	March 1	Self-Injury Awareness Day	<p>Raising awareness is about educating people who do not self-injure, and reaching out to people who do.</p> <p>#SAID</p>	<a href="#">Website</a>	Health

# Key events - Health

	Date	Event	Description	Discover	Theme
	March 4-11	National Salt Awareness Week	To raise awareness of the importance to health of regulating salt intake and assessing how much salt you're eating. This year's theme is More Flavour, Less Salt!  #NationalSaltAwarenessWeek	<a href="#">Website</a>	Health
	March 11-18	Nutrition and Hydration Week	Focusing on the importance of drinking plenty of water and eating healthy foods.  #NHWeek	<a href="#">Website</a>	Health
	March 16	Young Carers Action Day	A nationwide event organised by the Carer's Trust aimed at raising awareness of the struggles and importance of young carers across the country.  #YoungCarersActionDay	<a href="#">Website</a>	Health
	March 18	World Sleep Day	A celebration of sleep and a call to action on important issues related to sleep.  #WorldSleepDay	<a href="#">Website</a>	Health
	April 1-30	National Stress Awareness Month	To increase public awareness about both the causes and cures for our modern stress epidemic.	<a href="#">Website</a>	Health

# Key events - Health

	Date	Event	Description	Discover	Theme
	April 7	World Health Day	It draws attention to a specific health topic of concern to people all over the world.	<a href="#">Website</a>	Health
	May 1-31	National Walking Month	National Walking Month is a great way to leave your car at home, get outside and get fit by walking to and from school. If school or work is too far, try walking part of the way instead.  #NationalWalkingMonth	<a href="#">Website</a>	Health
	May 3-9	Sun Awareness Week	To highlight the dangers of exposure to the sun. UV radiation from the sun is the main cause of skin cancer.	<a href="#">Website</a>	Health
	May 9-15	Mental Health Awareness Week	An opportunity for the whole of the UK to focus on achieving good mental health. The 2022 theme will be on the topic of loneliness.  #MentalHealthAwarenessWeek	<a href="#">Website</a>	Health
	May 16-20	Walk to School Week	A week-long celebration of the walk to school.  #walktoschool	<a href="#">Website</a>	Health

# Key events - Health

	Date	Event	Description	Discover	Theme
	April 7	World Health Day	It draws attention to a specific health topic of concern to people all over the world.	<a href="#">Website</a>	Health
	May 16-22	National Vegetarian Week	To highlight the benefits of a vegetarian lifestyle with plenty of recipe ideas to inspire  #NationalVegetarianWeek	<a href="#">Website</a>	Health
	May 20	World Meditation Day	A call to the world to take time to participate in this millennia-old practice and clear our minds.  #WorldMeditationDay #MeditationDay		Health
	September 10	World Suicide Prevention Day	Suicide is preventable, it's not inevitable.  #WSPD	<a href="#">Website</a>	Health
	September 14-19	Sexual Health Week	This year, Sexual Health Week is celebrating the introduction of mandatory Relationships and Sex Education (RSE) in schools.		Health
	October 10	World Mental Health Day	To raise awareness of mental health issues around the world and to mobilize efforts in support of mental health.  #WorldMentalHealthDay	<a href="#">Website</a>	Health

# Key events - Health

	Date	Event	Description	Discover	Theme
	November 1-30	Movember	The leading charity changing the face of men's health.  #Movember	<a href="#">Website</a>	Health
	November 7-11	International Stress Awareness Week	The theme for International Stress Awareness Week 2022 is Collaboration. Int's Stress Awareness Day is 9 November.  #InternationalStressAwarenessWeek #NationalStressAwarenessDay	<a href="#">Website</a>	Health
	November 14-18	Anti-Bullying Week	A week aimed at raising awareness of bullying of young people and to show ways to prevent and respond to it.  #StopBullying	<a href="#">Website</a>	Health
	December 1	World AIDS Day	It's an opportunity for people worldwide to unite in the fight against HIV, to show support for people living with HIV, and to commemorate those who have died from an AIDS-related illness.  #HIV	<a href="#">Website</a>	Health

# Key events - Environment

	Date	Event	Description	Discover	Theme
	5 (Jan) - 21 (Feb)	Big Schools Birdwatch 2022	The RSPB's Big Schools' Birdwatch is a citizen science project for schools across the UK. All you have to do is count the bird species you can see in your school, and then send the results to the RSPB.  #BigSchoolsBirdwatch	<a href="#">Website</a>	Environment
	21 (Feb) - 6 (Mar)	Fairtrade Fortnight	Through learning about how we are all connected through the things we eat, drink and wear, young people are equipped with the knowledge and skills to shape a more compassionate and sustainable world.  #Fairtrade	<a href="#">Website</a>	Environment
	April 17-25	National Parks Week	National Parks Week is dedicated to raising public awareness of Britain's national parks		Environment
	April 22	Earth Day	Taking action on the environment	<a href="#">Website</a>	Environment
	TBC	National Tree Week	The UK's largest annual tree celebration, with schools, community groups, volunteer Tree Wardens and others getting involved to plant thousands of trees across the UK.  #PlantForOurFuture	<a href="#">Website</a>	Environment

# Key events - National/international

	Date	Event	Description	Discover	Theme
	February 1-28	LGBT History Month	Promoting equality and diversity, this year's theme is body, mind and spirit and linked to the PSHE curriculum.  #LGBTHM	<a href="#">Website</a>	National/ International
	March 8	International Woman's Day	This year's theme is "Choose to Challenge" – an equal word is an enable world.  #IWD2022 #BreakTheBias	<a href="#">Website</a>	National/ International
	March 11	International Day of Women and Girls in Science	The Day focuses on the reality that science and gender equality are both vital for the achievement of internationally agreed development goals, including the 2030 Agenda for Sustainable Development.	<a href="#">Website</a>	National/ International
	March 18	Red Nose Day	Red Nose Day donations help tackle important issues including homelessness, hunger, domestic abuse and mental health stigma.	<a href="#">Website</a>	National/ International
	May 1-31	Local and Community History Month	To increase awareness of local history, promote history in general to the local community and encourage all members of the community to participate.  #HistoricalAssociation	<a href="#">Website</a>	National/ International

# Key events - National/international

	Date	Event	Description	Discover	Theme
	June 1	Global Day of Parents	To appreciate all parents throughout the world	<a href="#">Website</a>	National/ International
	June 20-26	Refugee Week	The theme for 2022 is healing #RefugeeWeek2022	<a href="#">Website</a>	National/ International
	June 21	Summer Solstice	Longest day of the year		National/ International
	June 21	World Music Day	Make Music Day is an annual, international celebration of music held every year.	<a href="#">Website</a>	National/ International
	July 30	World Friendship Day	Promoting and defending a shared spirit of human solidarity that takes many forms — the simplest of which is friendship.	<a href="#">Website</a>	National/ International
	August 12	International Youth Day	Bringing youth issues to the attention of the international community and celebrating the potential of youth as partners in today's global society.	<a href="#">Website</a>	National/ International
	September 5	International Day of Charity	Sensitizing and mobilizing people, NGOs, and stakeholders all around the world to help others through volunteer and philanthropic activities	<a href="#">Website</a>	National/ International

## Key events - National/international

	Date	Event	Description	Discover	Theme
	September 21	International Day of Peace	A day devoted to strengthening the ideals of peace, through observing 24 hours of non-violence and cease-fire.	<a href="#">Website</a>	National/International
	October 1-31	Black History Month	To recognise and celebrate the contribution of black people in the UK, past and present.  #BlackHistoryMonth	<a href="#">Website</a>	National/International
	October 4	World Animal Day	To raise the status of animals in order to improve welfare standards around the globe.  #WorldAnimalDay	<a href="#">Website</a>	National/International
	October 4-10	World Space Week	The mission of World Space Week Association (WSWA) is to strengthen the link between space and society through public education, participation, and dialogue on the future of space activity using World Space Week as a focus.  #WSW2022	<a href="#">Website</a>	National/International
	October 5	World Teacher Day	To mark progress and reflect on ways to counter the remaining challenges for the promotion of the teaching profession.  #WorldTeacherDay	<a href="#">Website</a>	National/International

# Key events - National/international

	Date	Event	Description	Discover	Theme
	October 16	World Food Day	To end world hunger and to promote healthy diets.  #WorldFoodDay	<a href="#">Website</a>	National/ International
	November 5	Guy Fawkes Day (Bonfire Night)	Guy Fawkes Day—also called Bonfire Night or Fireworks Night—commemorates a failed assassination attempt in 1605		National/ International
	November 11	Armistice Day	Commemorating sacrifices of armed forces and civilians in times of war.		National/ International
	November 13	World Kindness Day	Kindness Day UK is a nationally recognised day for the celebration of kindness in society and day to day life. Individual acts of kindness are encouraged on this day annually.  #SpreadTheKindness #KindnessUK	<a href="#">Website</a>	National/ International
	November 19	International Men's Day	Celebrates worldwide the positive value men bring to the world, their families and communities.	<a href="#">Website</a>	National/ International
	TBC	Children in Need	Together, we can change young lives.  #ChildrenInNeed	<a href="#">website</a>	National/ International

## Key events - National/international

	Date	Event	Description	Discover	Theme
	December 10	Human Rights Day	Part of a global movement to end the abuse and violation of human rights.  #Standup4humanrights #HumanRightsDay	<a href="#">Website</a>	National/ International
	TBC	Christmas Jumper Day	Getting on a silly sweater and raising money to help children see the magic in the world!  #ChristmasJumperDay	<a href="#">Website</a>	National/ International
	December 21	Winter Solstice	Shortest day of the year		National/ International

# Key events - Literacy

	Date	Event	Description	Discover	Theme
	29 (Jan) - 5 (Feb)	National Story Telling Week	To support the magic of storytelling to children at all key stages.  #NationalStorytellingWeek #YourStoryMyStory	<a href="#">Website</a>	Literacy
	February 14	International Book Giving Day	Getting books into the hands of as many children as possible.  #BookGivingDay	<a href="#">Website</a>	Literacy
	March 3	World Book Day	The theme for this World Book Day follows the message "You Are a Reader," and there will be a focus on reaching children from disadvantaged backgrounds.  #WorldBookDay	<a href="#">Website</a>	Literacy
	June 23	National Writing Day	An annual celebration of the power of writing creatively, inspiring people of all ages and abilities to try writing for fun and self-expression.	<a href="#">Website</a>	Literacy
	September 6	National Read a Book Day	Research shows that spending just 10 minutes a day reading and sharing stories with children can make a crucial difference to their lives, now and in the future	<a href="#">Website</a>	Literacy
	October 4-9	Dyslexia Awareness Week	To raise awareness of dyslexia.	<a href="#">Website</a>	Literacy



**2022**

**Awareness days,  
events and themes  
calendar**

**The Parents' Guide to**

